

SEPTEMBER 2014 LUNCH MENU

Breakfast: Students \$1.50 Adults \$2.00 **Lunch:** Students \$ 2.50 Adults \$3.00 **Milk** \$.50

Monday		Tuesday		Wednesday		Thursday		Friday	
No School	1	Teriyaki Chicken Brown Rice Fruit and Vegetable Bar	2	Chicken Nuggets Mashed Potatoes Turkey Gravy Fruit and Vegetable Bar Dinner Roll	3	BBQ Drumstick Mashed Potatoes Ranch Style Beans Fruit and Vegetable Bar Dinner Roll	4	Cheese Pizza Fruit and Vegetable Bar	5
Turkey Frank or Hamburger Whole Grain Bun Ranch Style Beans Fruit and Vegetable Bar	8	Orange Chicken Brown Rice Fruit and Vegetable Bar	9	Chicken Nuggets Mashed Potatoes Turkey Gravy Fruit and Vegetable Bar Dinner Roll	10	Cheese Stuffed Shells Bread Stick Fruit and Vegetable Bar	11	Pepperoni Pizza Fruit and Vegetable Bar	12
Bean and Cheese Burrito Spanish Rice Fruit and Vegetable Bar	15	Lasagna Whole Grain Roll Fruit and Vegetable Bar	16	Chicken Nuggets Mashed Potatoes Turkey Gravy Fruit and Vegetable Bar Dinner Roll	17	Beef Hamburger Ranch Style Beans Fruit and Vegetable Bar	18	Cheese Pizza Fruit and Vegetable Bar	19
Egg Roll Fried Rice Edamame Fruit and Vegetable Bar	22	Max Sticks Marinara Sauce Fruit and Vegetable Bar	23	Chicken Nuggets Mashed Potatoes Turkey Gravy Fruit and Vegetable Bar Dinner Roll	24	Deli Ham Sandwich Sweet Potato Fries Fruit and Vegetable Bar	25	Pepperoni Pizza Fruit and Vegetable Bar	26
Chicken Pot Stickers Fried Rice Edamame Fruit and Vegetable Bar	29	Spaghetti and Meatballs Whole Grain Roll Fruit and Vegetable Bar	30						

Available
Daily
Choice of:
1% White
Milk or
Nonfat
Chocolate

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SEPTEMBER 2014 BREAKFAST MENU

Breakfast: Students \$1.50 Adults \$2.00 Lunch: Students \$2.50 Adults \$3.00 Milk \$.50

Monday		Tuesday		Wednesday		Thursday		Friday	
No School	1	Muffin Cereal Bowl w/Grahams Apples	2	Bagel Cereal Bowl w/Grahams Banana	3	Cinnamon Roll Cereal Bowl w/Grahams Applesauce	4	Omelet /Sausage/Biscuit Cereal Bowl w/Grahams Oranges	5
Muffin Cereal Bowl w/Grahams Peaches	8	Frudel Cereal Bowl w/Grahams Apples	9	Waffle Cereal Bowl w/Grahams Banana	10	Cinnamon Roll Cereal Bowl w/Grahams Applesauce	11	French Toast Cereal Bowl w/Grahams Oranges	12
Breakfast Sandwich Cereal Bowl w/Grahams Peaches	15	Pancake Cereal Bowl w/Grahams Apples	16	Biscuit and Sausage Cereal Bowl w/Grahams Banana	17	Cinnamon Roll Cereal Bowl w/Grahams Applesauce	18	Waffle Cereal Bowl w/Grahams Oranges	19
Breakfast Pizza Cereal Bowl w/Grahams Peaches	22	Muffin Cereal Bowl w/Grahams Apples	23	Bagel Cereal Bowl w/Grahams Banana	24	Cinnamon Roll Cereal Bowl w/Grahams Applesauce	25	Omelet and Biscuit Cereal Bowl w/Grahams Oranges	26
Pancakes Cereal Bowl w/Grahams Peaches	29	French Toast Cereal Bowl w/Grahams Apples	30						

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Daily
Choice of:
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Milk or
Nonfat
Chocolate

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SEPTEMBER 2014 SNACK MENU

Breakfast: Students \$1.50 Adults \$2.00 Lunch: Students \$2.50 Adults \$3.00 Milk \$.50

Monday		Tuesday	Wednesday	Thursday	Friday
No School	1	Strawberry Grahams Fruit Milk	Bite Size Graham Crackers Fruit	4 Cereal Bowl Fruit Milk	Pretzel Goldfish Fruit
Maple Bar Fruit Milk	8	String Cheese Crackers Fruit	ABC Grahams Fruit Milk	Goldfish Crackers Fruit	Max Stix Fruit Milk
Bite Size Graham Crackers Fruit	15	Hot n Spicy Goldfish Crackers Fruit Milk	Cereal Bowl Fruit Milk	Chex Mix Fruit	Animal Crackers Fruit Milk
Honey Belly Bears Fruit Milk	22	Pizza Bites Fruit	Chocolate Chip Crisps Fruit Milk	Animal Crackers Fruit	Raspberry/Chocolate Bites Fruit Milk
String Cheese Cracker Fruit Milk	29	Bite Size Graham Crackers Fruit Milk			

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Milk or
Nonfat
Chocolate

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